



## Singapore Rugby Union

### Recognise and Remove

Concussion must be taken extremely seriously. The World Rugby Concussion Guidelines set out the procedures for the management of all such injuries. During this competition we will be utilising the **World Rugby “Recognise and Remove”** policy.

If a player has been identified as having a possible concussion

- Player will be **removed from field of play** immediately.
- Player will be **assessed by the SRU medical team**- with the team medic or manager present.
- Players removed from play **will not be allowed to return to the pitch** during the same match.
- The **final decision** regarding the diagnosis of a concussion rests with **Match Day Doctor**.
- Any player who has had a **concussion** or a **suspected concussion** **CANNOT** take any further part in the match.
- Any player with a **diagnosed concussion** **must complete the graduated return to play protocol** described in the **World Rugby Concussion Guidelines**.
- Decisions made by the **Match Day Doctor** on Site **will** be upheld by the match officials.
- Teams are to **comply and cooperate** with decisions made.

Concussion is a complex process caused by trauma that transmits force to the brain either directly or indirectly and results in temporary impairment of brain function. A Player can sustain a concussion without losing consciousness.

