

Issued: 13 March 2022

FAQs
SAFE MANAGEMENT MEASURES FOR SPORT AND
PHYSICAL EXERCISE & ACTIVITY FROM 15 MARCH 2022

A. LATEST SAFE MANAGEMENT MEASURES (SMMs)

Qn: What are the key changes to the SMMs from 15 March 2022?

Ans: From 15 March 2022 (unless otherwise stated below), the following streamlined SMMs will apply to all sports and physical exercises & activities, and public & private sports & recreational facilities in Singapore.

As an overview, the SMM changes are to the following:

- Safe Distancing
 - Venue Capacity
 - Group & Class sizes
 - Vaccination-Differentiated SMMs (VDS)
 - Resumption of Bigger Team Sport Formats under VDS at Supervised Sport Facilities
 - Sporting Events
1. **Safe Distancing.** Safe distancing is encouraged for **masked** settings but will no longer be mandatory. Safe distancing will continue to be required for all **unmasked** indoor and outdoor settings as follows:
 - a. At least 1-metre physical distancing between groups (of up to 5 individuals) for all **unmasked** physical activities.
 - b. No cross-mixing or cross-playing between groups, unless it takes place at selected supervised/operated sports facilities i.e. ActiveSG and PA facilities and SportSG-approved private facilities under the Resumption of Bigger Team Sport Formats under Vaccination-Differentiated SMMs (VDS) (see page 3).
 2. **Venue Capacity.** For facilities that can admit:
 - a. ≤1,000 pax (including staff) based on its fire safety requirement, they can proceed without any capacity limit. However, these facilities will need to adhere to the safe distancing and prevailing group size limits requirements under points 1 and 3 if they have **unmasked** activities.
 - b. >1,000 pax (including staff) based on its fire safety requirement, and hold:
 - **masked** activities, they would be subjected to a **capacity limit of 50%**.
 - **unmasked** activities, they would be subjected to the safe distancing and prevailing group size limits requirements under points 1 and 3.
 3. **Group and Class Sizes.** Group size for unmasked activities remain up to 5 individuals (including instructor / coach). Details of class sizes as follows:

Setting		Segment	Class size
<u>MASKED</u>	Indoor (VDS setting)	Fully vaccinated individuals ¹ Unvaccinated children aged 12 years & below (born in 2010 or later)	<p>[Updated] Class size limits for mask-on classes will be lifted, subject to the prevailing fire safety and room/venue capacity requirements</p> <p>[Updated] Unvaccinated children aged 12 years and below need not be from the same household</p>
	Outdoor	All individuals	
<u>UNMASKED</u>	Indoor (VDS setting)	Fully vaccinated individuals ²	<p>Multiple groups of up to 5 pax per group, <u>up to 30 pax</u> (including instructor/s) with safe distancing of 1m between groups</p> <p>No intermingling between groups</p>
		Unvaccinated children aged 12 years & below (born in 2010 or later)	<p>Only 1 group of 5 is allowed (including instructor/s)</p> <p>[Updated] Unvaccinated children aged 12 years and below need not be from the same household</p>
	Outdoor	All individuals	<p>Multiple groups of up to 5 pax per group, <u>up to 50 pax</u> (including instructor/s) with safe distancing of 1m between groups</p> <p>No intermingling between groups</p>

4. Vaccination-Differentiated SMMs (VDS) at All Indoor Sport Facilities. VDS is applicable to all indoor sports facilities.

- a. Facilities that do not implement checks on vaccination status will not be allowed to operate. Permitted enterprises are responsible for conducting checks on the vaccination status of all staff and participants and are to set up proper checking protocol at their access control points. Beyond the usual screening measures such as ensuring that every person who enters their premises perform their

¹ An individual is considered vaccinated if he/she a) has been fully vaccinated, i.e. received the appropriate regimen of World Health Organisation Emergency Use Listing (WHO EUL) vaccines including their respective duration post-vaccination for the vaccine to be fully effective and boosters for eligible individuals, and b) had their vaccination records ingested in the National Immunisation Registry. Persons who have completed their vaccination regime and recovered from COVID-19 as well as persons with unvaccinated or incomplete vaccination status and recovered from COVID-19 within 180 days from the day of the first positive PCR/healthcare-administered ART result, may also be managed similarly to a fully vaccinated individual. Individuals may check whether they are considered “fully vaccinated” at <https://go.gov.sg/vax-status-query>

With the introduction of Workforce Vaccination Measures (WVM) from 1 January 2022, only fully vaccinated employees and self-employed persons (SEPs) will be allowed at the workplace. For more info on WVM and work arrangements for unvaccinated employees and SEPs, please refer to MOM’s advisory at <https://www.mom.gov.sg/covid-19/advisory-on-covid-19-vaccination-in-employment-settings-and-the-FAQs-at-https://www.mom.gov.sg/covid-19/frequently-asked-questions/covid-19-vaccinations>

Unvaccinated children 12 years and under and individuals who are medically ineligible for all COVID-19 vaccines under the National Vaccination Programme can take part in activities at VDS facilities and events (except for the team sport formats under paragraph 8).

² Refer to footnote 1

TraceTogether-only SafeEntry (TT-only SE) and SafeEntry Gateway (SEGW) check-in & check-out, they are to ensure that these persons have their vaccination status checked and recorded manually or electronically. Persons who do not have their vaccination status verified will be denied participation in indoor activities. **[Updated]** However, permitted enterprises/establishments within a larger facility such as shopping malls, that already require VDS upon entry, will no longer need to conduct their own VDS checks. If the establishment operates outside of the main facility's operating hours, it should conduct its own VDS checks.

- b. Individuals who have recovered from a COVID-19 infection, medically ineligible for COVID-19 vaccination and unvaccinated children aged 12 and below are exempted from VDS and can enter VDS premises or participate in VDS activities. **[Updated]** Unvaccinated children aged 12 years and below (i.e. born in 2010 or later) need not be from the same household to be included within a group in VDS settings.

5. **[Updated] Resumption of Bigger Team Sport Formats under VDS at Supervised Sport Facilities.**

- a. Team sports will be allowed for up to 30 fully vaccinated³ persons (including players, coaches, umpires etc), at selected supervised/operated sports facilities i.e. ActiveSG and PA facilities and SportSG-approved private facilities from 15 March 2022. The number of players who can be admitted into the premises and onto each court or field will also depend on the venue capacity and safe-distancing considerations.
- b. The prevailing SMMs such as wearing of masks and safe distancing, will apply before and after the sporting activity, and during rest breaks. Any participants not playing during the game will have to be masked and observe a 1-metre safe distancing from unmasked players on the court or field. There should be no mingling before and after the game between groups of up to 5 individuals.
- c. No additional testing requirement will be imposed but participants are strongly encouraged to self-test before arriving for the sporting activity, and to stay home if they test positive or develop symptoms. Participants will be required to fill in a health declaration form prior to the sporting activity.
- d. For more details on slots available for booking at ActiveSG and PA facilities, please visit: <https://www.myactivesg.com/> and <https://www.pa.gov.sg/team-sports-pilot> from 14 March 2022.
- e. Private operators that are interested to run this team format can register their interest at <https://www.sportsingapore.gov.sg/COVID19/Team-Sport-Format-Under-VDS> The registration is also opened to existing private operators who are operating under the Team Sport Pilot for up to 10 fully vaccinated⁴ individuals. The existing operators can only run the bigger team sport format of up to 30 fully vaccinated⁵ individuals only after approval has been given. Registration have been opened since 23 February 2022 and will be closed at 8pm on 16 March 2022.

³ Only fully vaccinated and COVID-19 recovered individuals are allowed to participate in the team sports format under VDS. All unvaccinated (including unvaccinated children aged 12 years old and under) and medically ineligible individuals are not allowed to participate.

⁴ Refer to footnote 3

⁵ Refer to footnote 3

- f. Team sport formats in other unsupervised settings such as outdoor courts or fields in public areas will continue to adhere to the prevailing national social gathering group size of 5 individuals.
 - g. Enforcement officers and safe distancing ambassadors will conduct regular checks to ensure compliance with the required SMMs by the participants.
6. **Sporting Events.** All sporting events, irrespective of event size, must implement VDS in order to proceed, i.e., only fully vaccinated⁶ individuals may attend or participate in these events.
- a. Spectator Sporting Events. Spectator sporting events where spectators are masked can proceed based on the following parameters:
 - i. up to 1,000 spectators; OR
 - ii. over 1,000 spectators, as long as the total number of spectators does not exceed 50% of the capacity limit of the venue either based on its fire safety requirement, or the number of available fixed seats.

While zoning is no longer required, spectators should be reasonably spread out across the venue capacity or fixed seats. Venue staff will need to prevent/minimise the congregation of spectators within the event venue.

- b. Mass Participation Sporting Events. Mass participation sporting events, such as mass runs, open-water swims, cycling and triathlon events, where there are unmasked participants can proceed without a specific event size limit⁷ as long as the participants comply with the 1-metre safe distancing and prevailing group size limit requirements. Participants should be organised in waves of up to 100 persons.

At this juncture, mass/major participation sporting events will not be allowed to have invited spectators. Organisers are to put in place measures to prevent the spontaneous gathering of onlookers for such events.

- c. [No change] Sporting Competitions & Tournaments refer to competitions involving timed races or head-to-head matches where there could be multiple heats or qualifying rounds (“sessions”). Such events can continue but must not exceed 50 persons in each facility at any single point in time. Organisers are advised to arrange competitions with different sessions, adequately separated within a day (i.e., at different times of a day) or across multiple days, to avoid congregation.

Each match is allowed to have up to 5 persons in the field of play at any single point in time, unless it takes place at supervised/operated sports facilities such as ActiveSG and PA facilities and SportSG-approved private facilities under the Resumption of Bigger Team Sport Formats under VDS (see paragraph 5 above).

For such sporting competitions and tournaments, spectators are permitted, but must comply with the requirements at paragraph 6(a) above.

⁶ Refer to footnote 1

⁷ Different sessions are required to be adequately separated by time to avoid the congregation of participants at the venue and its vicinity. Organisers may propose the number of sessions and time interval between sessions to ensure safe participation, which may vary depending on context.

B. ON VACCINATION-DIFFERENTIATED SAFE MANAGEMENT MEASURES (VDS) FACILITIES & ACTIVITIES

Qn: What is VDS and where is it applicable at?

Ans: VDS for fully vaccinated⁸ individuals have been implemented since 10 August 2021 for selected premises, activities and events. From 1 February 2022, VDS will be expanded to cover more settings and activities, including all indoor sports facilities and sporting events. **[Updated]** From 15 March 2022, unvaccinated children aged 12 years and below (i.e. born in 2010 or later) need not be from the same household to be included within a group in VDS settings (However, this does not include participation on team sport format under VDS where only fully vaccinated individuals are allowed).

Qn: What does fully vaccinated individual mean?

Ans: An individual is considered vaccinated if he/she a) has been fully vaccinated, i.e. received the appropriate regimen of World Health Organisation Emergency Use Listing (WHO EUL) vaccines including their respective duration post-vaccination for the vaccine to be fully effective and boosters for eligible individuals, and b) had their vaccination records ingested in the National Immunisation Registry. Persons who have completed their vaccination regime and recovered from COVID-19 as well as persons with unvaccinated or incomplete vaccination status and recovered from COVID-19 within 180 days from the day of the first positive PCR/healthcare-administered ART result, may also be managed similarly to a fully vaccinated individual. Individuals may check whether they are considered “fully vaccinated” at <https://go.gov.sg/vax-status-query>

With the introduction of Workforce Vaccination Measures (WVM) from 1 January 2022, only fully vaccinated employees and self-employed persons (SEPs) will be allowed at the workplace. For more info on WVM and work arrangements for unvaccinated employees and SEPs, please refer to MOM’s advisory at <https://www.mom.gov.sg/covid-19/advisory-on-covid-19-vaccination-in-employment-settings> and the FAQs at <https://www.mom.gov.sg/covid-19/frequently-asked-questions/covid-19-vaccinations>

Unvaccinated children 12 years and under and individuals who are medically ineligible for all COVID-19 vaccines under the National Vaccination Programme can take part in activities at VDS facilities and events (except for the team sport formats under paragraph 8).

Qn: I want to organise *unmasked* class/programme/activities at my *indoor* facility. How do I go about it?

Ans: Permitted enterprises are:

- to implement VDS at their indoor facilities and conduct checks on the vaccination status of their participants at their access control. Persons who fail to have their status verified will be denied participation. **[Updated]** However, permitted enterprises/establishments within a larger facility such as shopping malls, that already require VDS upon entry, will no longer need to conduct their own VDS checks. If the establishment operates outside of the main facility’s operating hours, it should conduct its own VDS checks.
- to ensure that participants, instructors and staff also adhere to prevailing SMMs.

In addition, all indoor premises should refer to the latest guidance on improving ventilation and indoor air quality in buildings amid the COVID-19 situation, available at: <https://go.gov.sg/bca-circular-improving-ventilation-iaq> as well as enhance hygiene and cleanliness through the SGClean certification: <https://www.sgclean.gov.sg/join/for-owners/how-to-be-certified/>

⁸ Refer to footnote 1

Qn: I am organising a class that requires VDS. How do I check my participants' vaccination status?

Ans: You can refer to the information at <https://go.gov.sg/status-check>. You can also check the status of vaccination or their COVID test records on the participants' TraceTogether app.

Qn: I operate an indoor facility. Is it mandatory for me to implement VDS for all classes/programmes/activities at my indoor facility?

Ans: Yes, from 1st February 2022, all permitted enterprises must implement VDS at their indoor facilities. Those who choose not to implement VDS will not be allowed to conduct indoor activities. **[Updated]** However, permitted enterprises/establishments within a larger facility such as shopping malls, that already require VDS upon entry, will no longer need to conduct their own VDS checks. If the establishment operates outside of the main facility's operating hours, it should conduct its own VDS checks.

In addition, all indoor premises should refer to the latest guidance on improving ventilation and indoor air quality in buildings amid the COVID-19 situation, available at: <https://go.gov.sg/bca-circular-improving-ventilation-iaq> as well as enhance hygiene and cleanliness through the SGClean certification: <https://www.sgclean.gov.sg/join/for-owners/how-to-be-certified/>

With the introduction of Workforce Vaccination Measures (WVM) from 1 January 2022, only fully vaccinated employees will be allowed at the workplace. For more info on WVM and work arrangements for unvaccinated employees, please refer to MOM's advisory at <https://www.mom.gov.sg/covid-19/advisory-on-covid-19-vaccination-in-employment-settings> and the FAQs at <https://www.mom.gov.sg/covid-19/frequently-asked-questions/covid-19-vaccinations>

Qn: I am a Fitness Studio offering low intensity Yoga classes. Can I have both unvaccinated and vaccinated students in the same class by making everyone wear their mask?

Ans: No you cannot. As of 1st February 2022, **vaccination-differentiated SMMs** must be implemented at all indoor facilities for classes/activities to continue. Only fully vaccinated⁹ individuals are permitted to enter indoor premises. However, if there are unvaccinated children 12 years & below in the activity, please refer to Section D for more information.

Qn: I am a Gym offering weights equipment and treadmills. Can I have both unvaccinated and vaccinated individuals use the gym at the same time by making everyone wear their mask?

Ans: No you cannot. As of 1st February 2022, **vaccination-differentiated SMMs** must be implemented at all indoor facilities for classes/activities to continue. Only fully vaccinated¹⁰ individuals and recovered persons are permitted to enter indoor premises. However, if there are unvaccinated children 12 years & below in the activity, please refer to Section D for more information.

Qn: Is there a minimum time gap between the end of an indoor class and the start of another?

Ans: The previous requirement for a time gap of at least 15 minutes after the end of a class to the start of the next, has been removed. However, operators are urged to clean and ventilate the room after each class ends.

Qn: Can studios/gyms provide vending machines and water fountains?

Ans: Vending machines and water coolers (for refilling purposes) are allowed. Operators are to ensure that no congregation in these areas.

⁹ Refer to footnote 1

¹⁰ Refer to footnote 1

Qn: I run a badminton class for children below 12 years old. Do I need to check their vaccination status?

Ans: [Updated] From 15 March 2022, unvaccinated children aged 12 years and below (i.e. born in 2010 or later) need not be from the same household to be included within a group in VDS settings. Please refer to Section D for more information.

C. ON RESUMPTION OF TEAM SPORTS SPORT FORMATS UNDER VDS AT SUPERVISED SPORT FACILITIES

Qn: What is the Team Sport Format under VDS and who can play?

Ans: [Updated] All sports will be allowed to proceed with up to 30 fully vaccinated¹¹ persons (including players, coaches, umpires etc), at selected supervised/operated sports facilities i.e., ActiveSG and PA facilities and SportSG-approved private facilities from 15 March 2022. The number of players who can be admitted into the premises and onto each court or field will also depend on the venue capacity and safe-distancing considerations.

The prevailing SMMs such as wearing of masks and safe distancing, will apply before and after the sporting activity, and during rest breaks. Any participants not playing during the game, will have to be masked and observe a 1-metre safe distancing from unmasked players on the field of play. There will be no mingling before and after the game between groups of the prevailing social group size (i.e., 5 pax).

No additional testing requirement will be imposed as long as all participants are fully vaccinated¹², but participants are strongly encouraged to self-test before arriving for the sport activity, and to stay home if they test positive or develop symptoms. (NB: The medically ineligible, and unvaccinated individuals including unvaccinated children aged 12 years old and below, are not allowed to participate in the team sport formats.)

Qn: Which venues will offer the Team Sport Format under VDS?

Ans: [Updated] From 15 March 2022, up to 30 fully vaccinated¹³ persons (including players, coaches, umpires etc), can play team sports at supervised/operated sports facilities such as ActiveSG and PA facilities and approved private facilities. The number of players who can be admitted into the premises and onto each court or field will also depend on the venue capacity and safe-distancing considerations.

For more details on slots available for booking at ActiveSG and PA facilities, please visit: <https://www.myactivesg.com/> and <https://www.pa.gov.sg/team-sports-pilot> from 14 March 2022.

Qn: I am a private operator that would like to run Team Sport Format under VDS. How do I apply?

Ans: Private operators that are interested to run this team format can register their interest at <https://www.sportsingapore.gov.sg/COVID19/Team-Sport-Format-Under-VDS>.

[Updated] Registration has been opened since 23 February and will be closed at 8pm on 16 March 2022.

¹¹ Refer to footnote 3

¹² Refer to footnote 1

¹³ Refer to footnote 3

Qn: I want to play 5v5 basketball at the open-air basketball court in a nearby park. Is this allowed?

Ans: No, this is currently not allowed. Team sport formats in unsupervised settings such as outdoor courts or fields in public areas will continue to adhere to the prevailing national social gathering group size of 5 persons. i.e. you can play 2v2 or 2v3.

To be clear, playing amongst 2 groups of 5 pax i.e. 5v5, is not allowed.

Qn: I want to play 5v5 football at the open-air field near my house. Is this allowed?

Ans: No, this is currently not allowed. Team sport formats in unsupervised settings such as outdoor courts or fields in public areas will continue to adhere to the prevailing national social gathering group size of 5 persons. i.e. you can play 2v2 or 2v3.

To be clear, playing amongst 2 groups of 5 pax i.e. 5v5, is not allowed.

D. CHILDREN 12 YEARS & BELOW

[Updated] From 15 March 2022, unvaccinated children aged 12 years and below (i.e. born in 2010 or later) need not be from the same household to be included within a group in VDS settings (except for the team sport formats under VDS) as follows:

Setting	Class size
<u>MASKED</u> Indoor (VDS setting) & Outdoor	[Updated] Unvaccinated children aged 12 years and below need not be from the same household. [Updated] Class size limits for mask-on classes will be lifted, subject to the prevailing fire safety and room/venue capacity requirements.
<u>UNMASKED</u> Indoor (VDS setting)	[Updated] Unvaccinated children aged 12 years and below need not be from the same household. [No change] Only 1 group of 5 is allowed (including instructor/s). No intermingling between groups.
<u>UNMASKED</u> Outdoor	[No change] Unvaccinated children aged 12 years and below need not be from the same household. [Updated] Multiple groups of up to 5 pax per group, <u>up to 50 pax</u> (including instructor/s) with safe distancing of 1m between groups. No intermingling between groups.

Qn: I am a Fitness Studio offering high intensity classes to children 12 years old and below where the children are unmasked. Can I have two groups of 3 children in the class separated by a 1-metre distance between them? The 3 children in each group are NOT from the same household.

Ans: From 15 March 2022, unvaccinated children aged 12 years and below need not be from the same household to be in the same group for **unmasked indoor** activities. However, there can only be 1 group of 5 persons (including instructor/s).

Qn: Can I conduct a 1-on-1 private training with my unvaccinated 10-year-old student at an indoor facility?

Ans: Yes, unvaccinated children aged 12 years and below can participate in VDS activities. As an instructor/coach, you have to be fully vaccinated to carry out VDS activities.

Qn: My son is 10 years old and is unvaccinated. Can he take part in team sport formats under VDS at supervised facilities?

Ans: The sport format under VDS allows for play beyond the national group size (with up to 30 fully vaccinated individuals). In order to safeguard your child who is unvaccinated from infection, he will not be allowed to participate in this team sport format.

E. GENERAL SMM QUESTIONS ON SPORT & PHYSICAL EXERCISE / ACTIVITY

Qn: Can there be large group sport and physical activities/classes?

Ans: Yes, there can be group sport and physical activities subject to the prevailing SMMs for masked/unmasked activities held indoors and outdoors. For activities involving unvaccinated children 12 years old and below, please refer to Section D.

Instructors who are interested to conduct large outdoor classes of up to 50 pax at outdoor public spaces must be registered. Please visit <https://www.sportsingapore.gov.sg/COVID19/Outdoor-Classes-Registration> for more information.

Qn: Will I be allowed to swim in a group?

Ans: Yes, you are allowed to swim outdoors as an individual or in a group of no more than 5 persons, including yourself.

Qn: Will I be allowed to play sports such as badminton, basketball, football and table tennis?

Ans: For sports activities that are held in unsupervised facilities, such as outdoor courts or fields in public areas, these must be confined to groups of no more than 5 individuals (including instructor / coach). i.e. you can play 2v2 or 2v3. To be clear, playing amongst 2 groups of 5 pax i.e. 5v5, is not allowed. If there are unvaccinated children 12 years & below in the activity, please refer to Section D for more information.

[Updated] From 15 March 2022, team sports will be allowed to proceed with up to 30 fully vaccinated ¹⁴persons (including players, coaches, umpires etc), at supervised/operated sports facilities such as ActiveSG and PA facilities and approved private facilities. The number of players who can be admitted into the premises and onto each court or field will also depend on the venue capacity and safe-distancing considerations.

Qn: Can high intensity classes such as martial arts, combat sports, still take place indoors?

Ans: From 1 February 2022, all indoor facilities are to implement VDS. Only fully vaccinated individuals¹⁵ may participate in indoor activities. If your participants are unvaccinated children 12 years old & below, please refer to Section D.

Group size for indoor unmasked activities remain up to 5 individuals per group (including instructor / coach). There can be multiple groups of 5, up to 30 pax (including instructor/s). A 1-metre physical distancing between groups for all **unmasked** physical activities is required, unless the nature of activity requires the distance to be shortened (e.g. grappling in martial arts and combat sports).

¹⁴ Refer to footnote 3

¹⁵ Refer to footnote 1

Qn: I am moving my classes to the outdoor area near to my indoor facility. Can my participants enter to use the changing room/toilet/shower facilities in my gym/exercise studios after they are done with the physical activity?

Ans: From 1 February 2022, all indoor facilities are to implement VDS. Only fully vaccinated individuals¹⁶ may enter these indoor facilities **and** use the changing room/toilet/shower facilities subject to prevailing safe management measures such as facility capacity and safe distancing. You have to take measures to ensure that transmission risks are minimised in such places. Participants should keep their masks on whilst in the changing rooms, and if they are taking a shower, to put on their mask promptly when done. You should make sure that changing rooms/toilet/shower facility are not overcrowded and encourage people not to linger on the premises post-activity if they do not need to. If you are not able to ensure participants' compliance to the necessary safe management measures, you are advised to close off the toilet/shower facilities. Violation of this may result in stop work order issued by the authorities.

Do seek the approval of the venue owner of the outdoor location that you will be using before you move your classes outdoors.

Government agencies will be conducting inspections. Enforcement action(s) under the COVID-19 (Temporary Measures) Act will be taken against businesses or individuals who fail to comply with safe management measures.

Qn: I am a sport / fitness coach / instructor. What do I do if

- **I am feeling unwell but test negative on my ART?**
- **I am well but have tested positive for COVID-19 on my ART?**
- **I am a close contact of someone who has COVID-19?**

Ans: Please visit <https://www.covid.gov.sg/> for more information on what to do.

F. ON LARGE GROUP OUTDOOR CLASSES

Qn: I am a registered instructor under Sport Singapore's Large Group Outdoor Classes. How does the latest measures affect me?

Ans: Approved large outdoor classes at public spaces such as parks and HDB common areas, can continue.

For organised programmes and classes outdoors, a service provider (such as an instructor or a coach) from a permitted enterprise may guide the group.

- For outdoor masked activities, there is no group/class size limit. However, participants are encouraged to reasonably spread out across the venue to prevent/minimise the congregation within the venue.
- For outdoor unmasked activities, there can be multiple groups of up to 5 pax per group, with class size limits to up to 50 pax (including instructor/s) with safe distancing of 1m between groups and no intermingling.

Qn: I am Zumba instructor conducting outdoor classes. Can I instruct 3 different groups of 5 participants at one go? Can I approach participants to guide them?

Ans: You may coach multiple groups of 5 persons, up to 50 pax or the venue capacity limit, whichever is lower. The groups of 5 are not to intermingle with other groups and must remain 1-metre apart.

¹⁶ Refer to footnote 1

You should maintain a contact list of how the groups are organised to assist with contact tracing in the event of an infection. The records should be kept for 1 month.

You can guide the participants from a 1-metre physical distancing at all times. Should you be unable to do so, and need to approach the participants to guide them, you would then need to be part of that group and not intermingle with the other groups.

Instructors who are interested to conduct large outdoor classes of up to 50 pax at outdoor public spaces must be registered. Please visit <https://www.sportsingapore.gov.sg/COVID19/Outdoor-Classes-Registration> for more information.

G. ON SPORTING EVENTS

Note to Event Organisers:

The COVID-19 situation has stabilised with everyone's cooperation in adhering to SMMs. As we continue our transition to a resilient nation, we seek your cooperation to register your upcoming sporting events with Sport Singapore and get our endorsement. Details as follows:

- From 1 February 2022, all Sporting Events, irrespective of event size, must implement VDS in order to proceed.
- All sporting events will need to be endorsed by Sport Singapore before they can be conducted. Organisers will have to submit an application to Sport Singapore at <https://www.sportsingapore.gov.sg/COVID19/Sport-Event-Applications>
- Sport Singapore's endorsement is only for the sporting event SMMs. Organisers will need to seek further approval from facility owner / relevant agencies before their event can proceed.
- For events that involve up to 50 persons in total (including participants, spectators, officials, event crew and support staff) and are planned according to prevailing SMMs, you can expect our endorsement upon successful registration.
- For events that involve more than 50 persons in total (including participants, spectators, officials, event crew and support staff). Organisers are to submit an application to Sport Singapore at least 14 days prior to the start of the event to give time for evaluation and discussion. Organisers are advised not to carry out related marketing/publicity efforts before receiving endorsement from Sport Singapore, as the event may require modifications before it may proceed¹⁷.

Qn: What sporting events are currently permitted?

Ans: From 1 February 2022, all Sporting Events, irrespective of event size, must implement VDS in order to proceed.

- a. **[Updated] Spectator Sporting Events.** Spectator sporting events where fully vaccinated¹⁸ spectators are masked can proceed based on the following parameters:
 - i. up to 1,000 spectators; OR
 - ii. over 1,000 spectators, as long as the total number of spectators does not exceed 50% of the capacity limit of the venue either based on its fire safety requirement, or the number of available fixed seats.

¹⁷ Organisers will be responsible for the costs of the event (including the additional costs of modifications), and/or compensation to participants arising from event postponement or cancellation.

¹⁸ Refer to footnote 1

While zoning is no longer required, spectators should be reasonably spread out across the venue capacity or fixed seats. Venue staff will need to prevent/minimise the congregation of spectators within the event venue.

- b. **Mass Participation Sporting Events**. Mass participation sporting events, such as mass runs, open-water swims, cycling and triathlon events, where there are unmasked participants can proceed without a specific event size limit¹⁹ as long as the participants comply with the 1-metre safe distancing and prevailing group size limit requirements. Participants should be organised in waves of up to 100 persons.

At this juncture, mass/major participation sporting events will not be allowed to have invited spectators. Organisers are to put in place measures to prevent the spontaneous gathering of onlookers for such events.

- c. **[No Change] Sporting Competitions & Tournaments** refer to competitions involving timed races or head-to-head matches where there could be multiple heats or qualifying rounds (“sessions”). Such events can continue but must not exceed 50 persons in each facility at any single point in time. Organisers are advised to arrange competitions with different sessions, adequately separated within a day (i.e., at different times of a day) or across multiple days, to avoid congregation.

Each match is allowed to have up to 5 persons in the field of play at any single point in time, unless it takes place at supervised/operated sports facilities such as ActiveSG and PA facilities and SportSG-approved private facilities under the Resumption of Bigger Team Sport Formats under VDS.

For such sporting competitions and tournaments, spectators are permitted, but must comply with the requirements at paragraph (a) above.

Qn: I would like to organise a mass running event for 100 persons. What do I need to do?

Ans: All sporting events will need to be endorsed by Sport Singapore before they can be conducted. Organisers will have to submit an application to Sport Singapore at <https://www.sportsingapore.gov.sg/COVID19/Sport-Event-Applications> at least 14 days prior to the start of the event to give time for evaluation and discussion. Organisers are advised not to carry out related marketing/publicity efforts before receiving endorsement from Sport Singapore, as the event may require modifications before it may proceed²⁰.

Sport Singapore’s endorsement is only for the sport event SMMs. Organisers will need to seek further approval from facility owner / relevant agencies before their event can proceed.

If there are updates to the SMM posture, events that were previously endorsed by Sport Singapore will need to have their SMMs updated, and organisers are to resubmit their plans using the prescribed form for endorsement by Sport Singapore. Do note that from 1 February 2022, all Sporting Events, irrespective of event size, must implement VDS in order to proceed.

Qn: I have previously submitted my application and received Sport Singapore’s endorsement to organise an event, but there has since been changes to SMMs. Can I still carry on?

Ans: Events that were previously endorsed by Sport Singapore will need to have their SMMs updated, and organisers are to **resubmit** their plans using the prescribed form for

¹⁹ Refer to footnote 1

²⁰ Organisers will be responsible for the costs of the event (including the additional costs of modifications), and/or compensation to participants arising from event postponement or cancellation.

endorsement by Sport Singapore through this link: <https://www.sportsingapore.gov.sg/COVID19/Sport-Event-Applications> Do note that from 1 February 2022, all Sporting Events, irrespective of event size, must implement VDS in order to proceed.

Qn: I am an NSA and will like to conduct a tournament/competition during this period, for athletes' international qualifications. Is it still possible?

Ans: NSAs are advised to approach their NSA Partnership officer from Sport Singapore as soon as possible to discuss these plans, and to obtain approval for the event, before they can proceed.